



# Workers' Compensation (delivered by Workplace Interventions)

#### Introduction to workers' compensation

7th August 2025, 9.00am -12.30pm (online)

Designed to provide participants with an overview of the WIRC ACT 2013, this course will equip participants with the "must know' of The Act, roles and responsibilities of key return to work stakeholders, liability for workers' compensation claims, claims settlement options and a review of rights and obligations of both the worker and the employer.

Claim liability and calculating workers' compensation entitlements activities will be included in this program.

Click here to register: Register-introduction-to-workers-compensation Pricing:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl.GST)

#### **Return to Work for Managers & Supervisors**

**24th September 2025, 9.00am –12.30pm** (online)

Managers and supervisors will learn about the importance of being involved in the return-to-work process, being proactive when a workplace injury occurs, identifying suitable duties, and supporting and monitoring worker progress.

Managers and supervisors will also learn how to develop and document a graduated return to work plan over a set period and monitor progress. This session will incorporate a case study where managers will work through the return-to-work process and complete a return-to-work plan.

Click here to register: Register-return-to-work-for-managers-supervisors **Pricing**:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl.GST)

#### **Managing Psychological Injury Claims**

4th September 2025, 1pm - 4.30pm (online)

Psychological injury equates to approximately 11% of claims and accounts for over 30% of claims cost. Returning to work after a psychological injury is slower, and statistically, workers are less likely to return to work than with a physical injury.

This course explores the process of employer claim lodgement and the claim liability process of psychological injury claims. Participants are introduced to strategies, resources and improved ways for responding promptly to a psychological injury. This program is designed to teach participants a best-practice, person-centred approach to the management and return to work of psychological injury claims.

Click here to register: Register-managing-psychological-injury-claims Pricing:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl.GST)

# Understanding workers' compensation Premium, PIAWE, SCE's and CWE'S

16th October 2025, 1pm – 4.30pm (online)

This session provides a comprehensive understanding of how workers' compensation premium is calculated and focuses on employer premium legislative requirements. The second part of the seminar provides an overview of pre-injury average weekly earnings (PIAWE) and its calculation.

Click here to register: Register-understanding-workers-compensation-premium-piawe-sces-and-cwes

Pricing:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl.GST)



# Workers' Compensation (delivered by Workplace Interventions)

#### How to develop a RTW plan for mental health injury

28th October 2025, 9.00am -12.30pm (online)

This program offers participants the opportunity to learn practical return to work aids, supports and modifications, understanding that return-to-work plans for psychological injuries are often more complex, capturing an employer's guide of how to develop a clear, accurate and current return to work plan best to achieve a successful and sustainable return to work.

Click here to register: Register-how-to-develop-a-rtw-plan-for-mental-health-injury Pricing:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl. GST)

## Managing Psychological Injury Claims

5th November 2025, 1pm - 4.30pm (online)

Psychological injury equates to approximately 11% of claims and accounts for over 30% of claims cost. Returning to work after a psychological injury is slower, and statistically, workers are less likely to return to work than with a physical injury.

This course explores the process of employer claim lodgement and the claim liability process of psychological injury claims. Participants are introduced to strategies, resources and improved ways for responding promptly to a psychological injury. This program is designed to teach participants a best-practice, person-centred approach to the management and return to work of psychological injury claims.

Click here to register: Register-managing-psychological-injury-claims **Pricing**:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl. GST)

## Managing Occupational Violence and Aggression (OVA)

**20th November 2025, 9am – 12.30pm** (online)

Our Occupational Violence and Aggression (OVA) Training Program provides participants with practical skills to confidently manage incidents in workplace settings. Covering early warning signs, thorough risk assessment, and effective de-escalation techniques, the program also includes essential incident response training focused on personal safety, clear communication, and post-incident support.

This program is designed to empower participants with proactive strategies to foster a secure and respectful work environment. By developing these critical skills, you contribute to a safer workplace culture and enhanced readiness in managing challenging situations.

Click here to register: Register-managing-occupational-violence-and-aggression-ova Pricing:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl. GST)

#### Empowering Leaders through Psychological Health and Safety Training

**9th December 2025, 1pm – 4.30pm** (online)

In today's evolving landscape of workplace wellbeing, it is increasingly an employer's responsibility to equip leaders with the essential skills to identify and manage psychosocial risks. This comprehensive course meets that need by providing leaders with the knowledge and practical tools to skillfully assess and manage psychosocial risks within their teams and organisation.

Leaders will develop the skills to proactively recognise psychosocial risks impacting team wellbeing and performance. Through engaging sessions and real-world case studies, participants gain a deep understanding of psychosocial hazards, their impacts, and how to implement early interventions using practical workplace controls and reasonable adjustments.

Click here to register: Register-empowering-leaders-through-psychological-health-and-safety-training

Pricing:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl. GST)



## Workplace Interventions courses



#### Two-day WorkSafe endorsed return to work coordinator training

Following the principles of effective injury management, RTW Coordinators will be equipped with the tools to effectively meet the return-to-work obligations under the WIRC Act 2013, including the steps required to facilitate a safe and sustainable return to work. This comprehensive course is also helpful for those managing non-work-related injuries.

A WorkSafe endorsed certificate is issued upon completion.

- · Topics include:
- · Prepare for return to work
- Role of a Return-to-Work Coordinator
- Return an injured worker to work
- Plan for return to work
- Employer assistance
- · Worker support and worker obligations
- · Communication with Treating Practitioners and Occupational Rehabilitation Providers.

This course is offered face-to-face (9:00am -4:30pm) or entirely online.

Online with a combination of Zoom and webinars OR Two days face-to-face

**Pricing -** \$525 pp (plus GST) online / \$580 pp (plus GST) face-to-face **Frequency**: Monthly

**Book Return to Work Coordinator - Workplace Interventions** 

#### **Accredited Mental Health First Aid**

This program is offered via;

- Face to face: 2-days face to face (in class) training session,
- Entirely online consisting of self-paced eLearning (4-7 hours) followed by 2 x 2.5 hour 'online' facilitator-led sessions,
- Blended consisting of self-paced eLearning (4-7 hours) followed by a five-hour face to face training session.

This accredited program helps employers and individuals implement a best practice early intervention approach for those experiencing poor mental health.

Participants will learn how to recognize the symptoms of different illnesses and assess for mental health crises, equipping participants to provide immediate assistance.

Those trained as accredited MHF Aiders can be appointed as Mental Health First Aid Officers in the workplace. 3-year accreditation.

#### Format:

Online with a combination of 2x 2.5-hour Zoom session and eLearning OR Face-to-face

**Pricing -** \$369 pp (plus GST) eLearning package / \$499 pp (plus GST) face-to-face **Frequency**: Weekly online and face-to-face monthly

**Book Accredited Mental Health First Aid - Workplace Interventions** 



## Third Party Providers Master Classes-Online Sessions

## Fundamentals of Psychological Health & Safety at Work

**17th June 2025, 12pm-1pm** (online)

Join AP Psychology & Consulting Services, in partnership with DXC

Safeguarding mental health is now a legal requirement and a leadership priority under psychosocial regulations. Risks such as poor support, bullying, and excessive workloads can severely impact productivity, employee wellbeing, and organisational performance, leading to higher turnover, absenteeism and costly claims.

- A clear understanding of what psychological health & safety entails and why it matters.
- Knowledge of their legal and ethical responsibilities as employers or leaders.
- Practical tools to identify, assess, and manage psychosocial risks in their workplace.
- Proactive hazard management prevents psychological injuries and reduces business risk.
- Strategies to foster a supportive communicative and resilient work environment.

#### Early Intervention Strategies to support Mental Health Injuries & RTW

16th July 2025, 9.30am-10.30am (online)

Join APM WorkCare, in partnership with DXC

Psychological injury claims are on the rise nationally both in prevalence and complexity. This trend does not discriminate by industry, or business size. Variables that influence the magnitude and impact of these claims include manager experience, communication strategies with employees on claim, timely engagement with primary healthcare, and understanding how to frame the return to work to the injured party.

Click here to register: Register-early-intervention-strategies Pricing:

DXC Customers -\$10pp (incl. GST)
Non-DXC Customers -\$200pp (incl. GST)

#### **Ageing Workforce**

9th September 2025, 9.30am-10.30am (online)

The session will be led by exercise physiologist and Managing Director of **PACE Health Management**, Ben Southam.

This workshop will delve into the effects of aging and how, if not proactively addressed, these changes could affect an employee's ability to meet the inherent demands of their position.

Click here to register: Register-aging-workplace Pricing:

DXC Customers -\$10pp (incl. GST) Non-DXC Customers -\$200pp (incl. GST)

## **Capacity Profiling**

7th October 2025, 9.30am-10.30am (online)

The session will be led by exercise physiologist and Managing Director of **PACE Health Management**, Ben Southam.

Capacity profiling is a crucial component of injury prevention and return-to-work plans. However, the varying standards of assessment, reporting, and information received can often be confusing and unhelpful.

Click here to register: Register-capacity-profiling Pricing:

DXC Customers -\$10pp (incl. GST) Non-DXC Customers -\$200pp (incl. GST)



## Foremind workshop hosted by DXC



Join DXC & Foremind for a free interactive workshop aimed at providing insight into Psychological Health & Safety in preparation of the updated Psychological Regulations in Victoria 1 Dec 2025.

# Psychological Health & Safety 30th October 2025

In this workshop, we will get you up and running to understand your key responsibilities under the new Psychosocial health and safety Regulations in Victoria. We will look at practical steps to build capability to proactively identifying psychosocial hazards using your current data and organisational trends. This training is suitable for safety roles, HR professionals and any other roles who have a leadership role when it comes to managing psychosocial health and safety.

Through an interactive workshop, attendees will gain an understanding of:

- The new Psychosocial regulations and what they mean for you and your organisation
- Using a systemic lens to address psychosocial hazards in the workplace
- Practical steps to begin to understand and analyse employee trends
- Actions to build collaboration and shared understanding across teams

About Foremind: Foremind is a fast-growing Australian start up on a mission to bring quality mental health support to all. They combine a digital platform and EAP with a psychosocial hazard management platform to support organisations to manage worker wellbeing.

Venue for Foremind workshop will be held at DXC Level 19, Colins St, Melbourne. Register-interactive-workshop-psychological-health-safety

Facilitated by Louise Thompson, Director – Foremind



## Bodycare workshop hosted by DXC



Join DXC & Bodycare Workplace Solutions for a free interactive workshop aimed at providing principles & insight into Injury Management.

Injury Management
11th November 2025

Through an interactive workshop, attendees will gain an understanding of:

- Effective onsite injury prevention underpinned by best practice in injury and risk management
- Current concepts in strategies from manual handling and ergonomics to workplace design and engineering modifications to prevent MSD in the workplace
- Insights into the latest technologies being used in data driven injury prevention (including wearable tech)
- Importance of a participative approach to injury prevention, health and safety that keeps a keen eye on psychosocial factors

For over 25 years Bodycare Workplace Solutions has been Australia's most trusted provider of injury prevention and occupational health services and solutions. Our comprehensive range of occupational health services and solutions is seamlessly integrated with cutting-edge technology systems, ensuring industry-led support for our clients. Our commitment to excellence has established us as specialists in supporting organisations through every stage of their workforce journey-from recruitment right through to retirement.

Venue for Bodycare Workplace Solutions workshop will be held at DXC Level 19, Colins St, Melbourne. Register-interactive-workshop-insight-injury-management

Facilitated by Nathan Laios -National Clinician Manager Physiotherapist



## Important information

#### Important information

All training is currently scheduled to be delivered online via Microsoft Teams.

All our Third-Party Providers webinars our clients will receive an email from DXC with an invitation and registration link to the webinars.

#### How to enrol

If you would like to enrol, you can do so online by clicking on the registration link provided under each training seminar.

Payments are required at the time of all registrations.

Maximum 8 tickets per business.

We are not able to provide invoices for payment of any training seminars.

#### **Collection statement**

The personal information requested when you enrol is being collected by DXC for the purposes of conducting training.

The information will be added to our customer database and will primarily be used to provide you with further information about the workers' compensation industry and related services that DXC provides (including further training).

#### **Cancellation policy**

Seminars that require a registration fee of \$10 are non-refundable.

If you are not a client of DXC and have paid \$200 to our attend our training seminar, if cancellation is received in writing (via letter or email) more than seven business days prior to the seminar, the payment will be refunded to you.

Regrettably, if received in writing (via letter or email) less than seven business days prior to the seminar, no refund will be issued.

DXC has the right to cancel any seminar if the minimum number of registrations is not received.

DXC will advise registered attendees prior to the seminar and will offer an alternate date or alternate training session where possible.

#### **MELBOURNE**

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