Conversation starters

Enhancing workplace inclusion with conversation starters.



To help neurotypical people better support their neurodivergent colleagues in the workplace, the DXC Dandelion Program has developed a conversation starter guide.

For more information, please visit dxc.com/au/dxcdandelion

How is your day do you have a lot of things on? I'm asking if you need support.



I'd like to speak with you about the task we're working on, can I come and sit beside you to discuss? What time would work for you?



I can see you're having challenges turning up to work on time. What can I do to help you to work on time?



I know small talk can be uncomfortable. Is there anything else we can do as a team to make you feel included and involved?



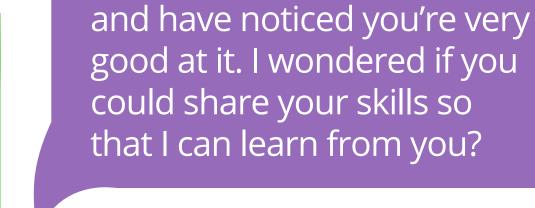
I've noticed your workspace is in the noisiest area of the office. My workspace is a bit quieter, and I wondered if you would like to swap desks?



We all approach meetings and tasks differently. Which ways of working do you prefer?



If I'm unable to stop doing something that is a sensory issue for you, how can I help make it less uncomfortable for you?



I'd like to have regular check-ins with you. Can we schedule weekly or fortnightly meetings?



I would really value your insight on [task/project/challenge]. Let me know how you would like to share your views on the approach.

I find [task/skill] challenging

