

Conversation starters



Enhancing workplace inclusion with conversation starters.

To help neurotypical people better support their neurodivergent colleagues in the workplace, the DXC Dandelion Program has developed a conversation starter guide.

For more information, please visit dxc.com/au/dxcdandelion

How is your day — do you have a lot of things on? I'm asking if you need support.



I'd like to speak with you about the task we're working on, can I come and sit beside you to discuss? What time would work for you?



I can see you're having challenges turning up to work on time. What can I do to help you to work on time?



I know small talk can be uncomfortable. Is there anything else we can do as a team to make you feel included and involved?



I've noticed your workspace is in the noisiest area of the office. My workspace is a bit quieter, and I wondered if you would like to swap desks?



We all approach meetings and tasks differently. Which ways of working do you prefer?



I find [task/skill] challenging and have noticed you're very good at it. I wondered if you could share your skills so that I can learn from you?



If I'm unable to stop doing something that is a sensory issue for you, how can I help make it less uncomfortable for you?



I would really value your insight on [task/project/challenge]. Let me know how you would like to share your views on the approach.



I'd like to have regular check-ins with you. Can we schedule weekly or fortnightly meetings?

